

Day 1:

Present the program for the day – who am I, why are we doing this etc.

Warm up exercises (about 15 minutes)

- Stretch the body
- Person to person
- Walk around the room in different speed 1-10
- "Egg, Dinosaur, Superman"
- Two and two: If your shoes could talk – what will they tell about you?

Value exercises:

The Opposites: Take a stand quickly (about 15 minutes)

Pizza>< Burger

Pc-games >< Sports

Justin Bieber>< Lady Gaga

English><Math

Homework>< Working in your spare time

Friends> < Family

Hands-up – place the chairs in a circle (about 15 minutes)

"Sometimes you just have to lie"

"If I see someone is stealing in the shop, I will report to the shopkeeper/securityguard"

"I always give my point of view"

"I ask my parents for advice before I make an important decision"

The Line (about 15 minutes)

"It's important that my friends support me in the decisions that I make" (1-6)

Four corner exercise (about 15 minutes)

"The most difficult thing about going to school is:"

1. When I have a quarrel with my friends
2. When I haven't done my homework
3. When I have problems with my teacher
4. ...

Forum Play

Make 2- 3 Forum Plays based on the Dilemmas in the Four Corner Exercise (about 30 minutes)

Present the guidelines on how to make at Forum Play

Remember to have breaks (minimum 30 minutes)!

Start up after breaks with some warm up exercises (about 10 minutes) For example "The Flipper Machine"

Processing the Forum Plays (about 1 hour)

- Forum Play 1st
Stop - Questions: What do you see? Talk together two and two, and then share your thoughts in plenum.
Stop – acquiring the role
- Forum Play 2nd
Give the play a title – headlines.
Speech bubbles
- Forum Play 3rd
Interview – select a person for "The hot chair"

Remember to ask the participants, which of the characters it makes sense to replace?
And then ask the actors which of the characters they need help for and with what?

Record the first playthrough and download the play to your Youtube account. (Remember to make 3 copies of each Forum Play).

Day 2:

Digital after activities of the Forum Plays (about 90 minutes).

The participants are placed by the computers.
Introduce how to make "Speech bubbles" and "Titles" on Youtube.
Groups with maximum 3 youngsters – Who are familiar with Youtube? -
Work with "Speech bubbles" and "Titles"
Show the examples to each other

Evaluation (About 10 minutes) The Line (1-6)

"I have learned something during the course"